

Asta Xtra



ACTIVE CONSTITUENTS

Shilajit, Gokshura, Atmagupta, Fenugreek, Safed musli, Ashwagandha, DHEA, L- arginine, Ginseng, Ginkgo biloba, Kokilaksha, Bala, Astaxanthin, Vidari, Akarakarabha, Kunkuma, Jatiphala, Lycopene

SHILAJIT- MINERAL PITCH

- Shilajit is the result of a long process of breaking down plant matter and minerals
- It is a sticky, black substance that comes from rocks in high mountain ranges
- Shilajit was traditionally sourced in India and Tibet
- Shilajit may have several benefits for the body. This may be due in part to the high concentration of fulvic and humic acids, as well as many minerals
- Shilajit has also been studied to increase male fertility, one study shows 60 infertile men given with Shilajit twice a day for 90 days
- After the test period, almost all of the men who completed the treatment showed an increase in total sperm count and sperm motility
- Men between 45 and 55 years old were given shilajit for 90 days. At the end of this period, researchers noted a significant increases in the levels of total testosterone



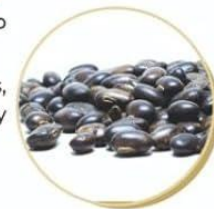
GOKSHURA - NERINJIL



- Gokshura (Tribulus terrestris) is an Ayurvedic herb most commonly known for its immunity-boosting, aphrodisiac, and rejuvenation properties
- It is also extensively used to manage sexual disorders like erectile dysfunction as it is a natural aphrodisiac
- Active phytochemicals present in Gokshura improves the level of testosterone as well as the overall quality and quantity of sperm

ATMAGUPTA PUNAIKKALI

- Mucuna is a reproductive tonic that offers support to everyone, including but not limited to those who identify as male and female
- It supports fertility, healthy sperm and ova, proper functioning of the reproductive organs, and healthy genital secretions As an aphrodisiac, mucuna bolsters healthy sexual energy and libido
- It prevents damage of sperms due to free radicals produced by the body, stress and aging



FENUGREEK



- Fenugreek seeds might be useful for male infertility
- Fenugreek seeds might improve sexual performance by enhancing testosterone secretion and improving sperm quality
- Thus it might be effective in male infertility and other sexual disorders like erectile dysfunction
- Fenugreek seeds have been shown to improve ovarian function and increase fertility in women with polycystic ovary syndrome (PCOS)

HEALTH BENEFITS OF ASTA XTRA

- Improves erectile dysfunction
- Improves the semen quality
- Controls the premature ejaculation
- Helps in getting better erection
- Increases sperm volume
- Works for both men and women
- Improves the general wellbeing and vitality

SAFED MUSLI- WHITE GOLD

- Safed musli is used popularly to improve sexual performance and general overall health in both men and women
- Safed musli helps manage erectile dysfunction as well as stress-induced sexual problems
- It also helps improve the quality as well as quantity of sperm due to its spermatogenic, anti-stress and antioxidant properties.



ASHWAGANDHA



- Ashwagandha powder has been shown to help boost energy levels, increase endurance and reduce stress, anxiety, fatigue and is beneficial for both Men and Women
- Ashwagandha is a magical herb especially for women
- helping women to orgasm
- Ashwagandha, also known as Indian ginseng

GINKGO BILOBA

- Ginkgo biloba is rich in antioxidants and can help reduce inflammation
- Ginkgo biloba, or maidenhair, is a tree native to China that has been grown for thousands of years for a variety of uses
- Because it's the only surviving member of an ancient order of plants, it's sometimes referred to as a living fossil
- Ginkgo has the ability to improve blood levels of nitric oxide, which improves circulation via the dilation of blood vessels



KOKILAKSHA



- Kokilaksha is considered good for men and helps in managing erectile dysfunction by increasing the testosterone levels
- It also improves sexual stamina due to its aphrodisiac property
- Kokilaksha also helps to manage blood sugar by preventing the damage to insulin producing cells due to its antioxidant property

BALA - NILATHUTHTHI

- Bala is used to treat both male and female infertility
- In males it increases sperm count and used to increase motility of sperms
- It also helps to increase immunity due to its Rasayana (rejuvenating) property



VIDARI



- Being a potent aphrodisiac, it improves libido, treats various infertility issues, and improves reproductive health in both men and women
- It increases the levels of the hormone testosterone in men which helps improve the production of sperm
- Vidarikand is useful in reducing the symptoms of sexual weakness and improves sexual health

AKARAKARABHA

- Akarkara improves sexual desire as well as sexual performance of men by maintaining the testosterone levels due to its aphrodisiac property
- It might also be helpful in detoxification of the body as it increases urination due to its diuretic

